

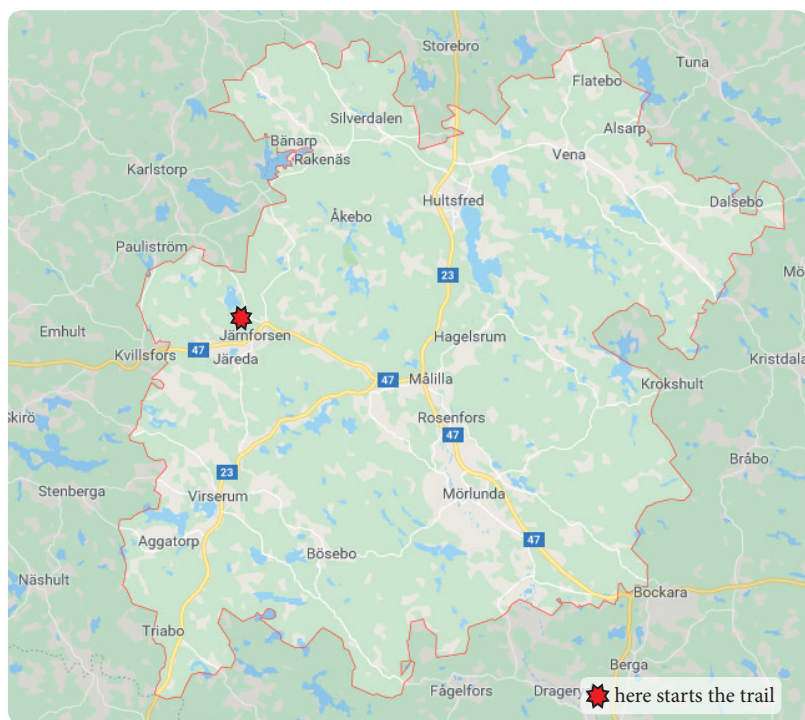


# Stora Järnforsenleden

12 km • 4-5 hours

In Järnforsen there is a whole network of fantastic hiking trails, all starting just outside the township. At the start there is a barbecue area, parking and a composting toilet. A fitness trail and a cross-country ski trail also begin here.

The trail marked in red is the longest in the Järnforsen area and should take about 4-5 hours to complete. It's a very beautiful hiking trail with lots of variation, and you'll find it full of surprises. Quite a lot of ups and downs, but your reward is excellent views, adventurous ravines and lovely watercourses.



*Welcome to enjoy nature!*

Thanks to the right of public access, everyone can move freely in the Swedish countryside. Read more at [www.naturvardsverket.se/allemansratten](http://www.naturvardsverket.se/allemansratten)

- Good things to bring with you on a day trip are water, plasters, map, mobile, an extra sweater and spare socks.
- Dogs must be kept on a leash in the wild from 1st March to 20th August.
- The moose hunt takes place in mid-October.
- Make sure you know about any fire bans in force during the summer. Under normal circumstances, you may light a fire, but not on rocks or stones and make sure to put it out properly before you leave.



Here you will find more hiking trails!  
[visithultsfred.se](http://visithultsfred.se)

## *Good to know!*

- There's a parking area at the start, together with a composting toilet and a seating area with a barbecue
- At Vensjön there is a wind shelter and barbecue area
- You can also park near the Lasse Maja cave and start your walk there!



## What you can find along the Great Järnforsen Trail?

### 1. Start

All 3 trails start here, as well as the fitness trail and the cross-country ski trail. You'll find parking, a composting toilet and a seating area with a barbecue at the starting point.

### 2. Sällevadsån

Your hike will take you along the Sällevadsån river and you'll need to cross it a number of times along the way. Some of Sweden's most endangered animal and plant species inhabit the Sällevadsån valley. This unique natural environment offers magical forests, rushing waters and rarities such as river pearl mussels. The river has also been cleared of boulders to enable the passage of cut timber.

### 3. Kycklingebacken

The lookout at Kycklingebacken. Take note of the stones scattered along the rockface! If you want to, you can now go to the left (the yellow trail, the shorter way home), but we're opting for the red trail that continues down towards Route 683, which we cross.

### 4. Lilla Helsike

Now it's up again, but suddenly it slopes

steeply downwards and we pass a deep ravine ("Little Helsike").

### 5. Hareputtegöl

Up again, and past Hareputtegöl Pond and barely a kilometre later, we arrive at the Lasse Maja cave.

### 6. Lasse Maja cave

The cave is actually a fissure between large boulders that's covered by a large block, about 8 metres across and 4 metres high. The cave is 4 metres deep, and you can get down into it by way of a ladder attached to the side. The floor of the cave is covered in stones, which appear to have been specially laid to form a level surface. Here you can take the opportunity to write something in the visitors' book that's been placed there!

### 7. Ekerum

The trail now continues up to the Ekerum croft. There are many fruit trees here and both the foundations of the house and the cellar remain. The place was inhabited up until 1960.

### 8. Lookout

Following a little dip in the trail, we arrive at a mountain slope, from where you can take in the wonderful view.

### 9. Vensjön

From the beautiful rocky outcrops here, you might like to take a dip in the lake. Soon we will arrive at a beautifully situated shelter with a barbecue area and views across the lake. Inside the shelter you may want to write in the visitors' book and you can also overnight here if you want to.

### 10. Lilla Lasse Kammare

The tale about the great thief Lasse-Maja, who wore women's clothing and stole from the rich and gave to the poor, says that he hid in the Lasse Maja cave and the Lilla Lasse Kammare (the Little Lasse Chamber) and escaped the local sheriff.

### 11. Backstugan Kvarnstugan

This is where the ruins of an old backwoodsman's cottage can be found. It was called Kvarnstugan and was inhabited up until 1922.

### 12. Priestnäs mill

A long time ago, here stood a small water mill built to grind grain into flour. It belonged to Prästnäs farm.

