



# The Lönneberga Trail Stages 1 and 2

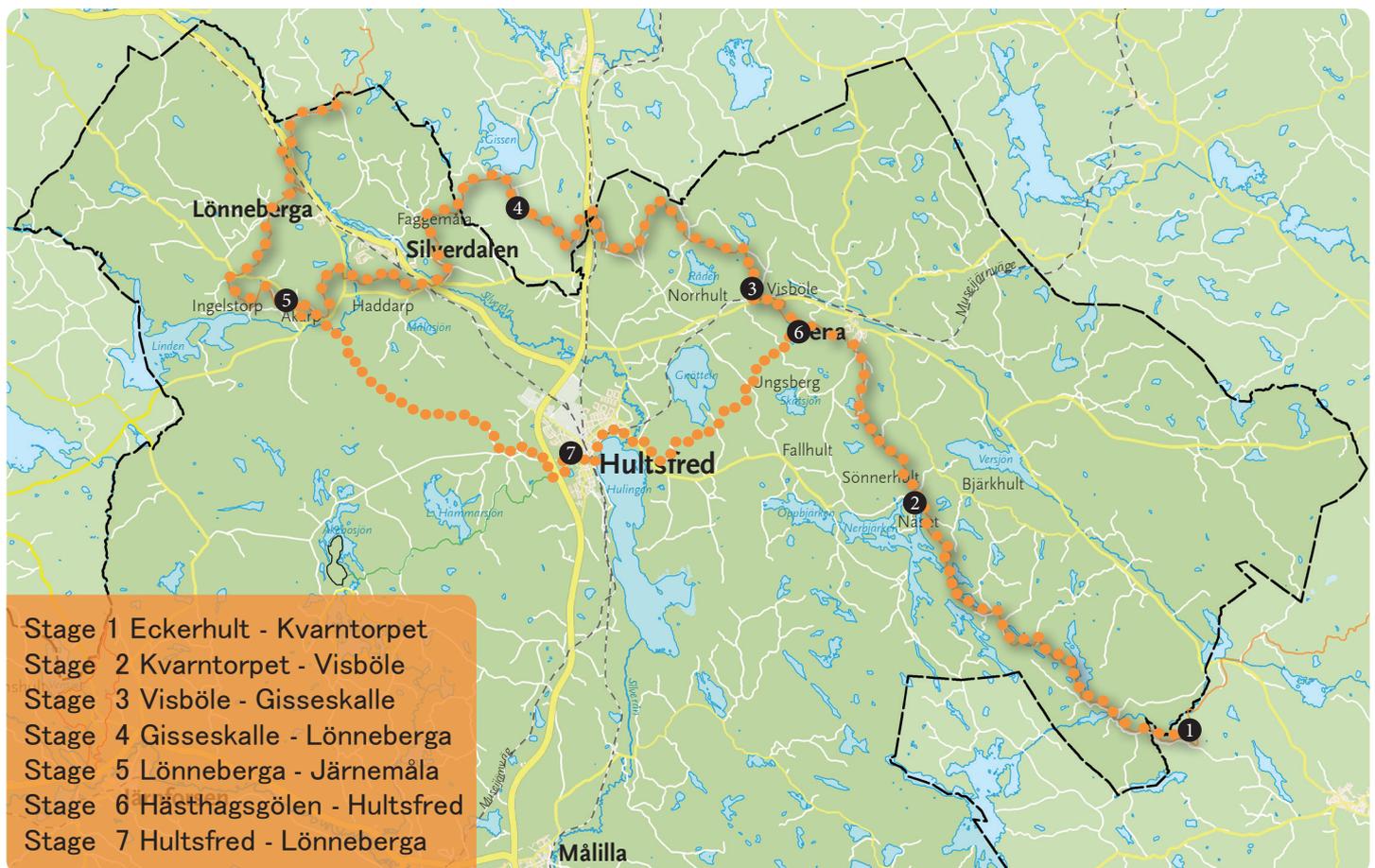
This trail crosses the northernmost part of Hultsfred municipality and connects the East Coast Trail with Sevedeleden. The Lönneberga Trail belongs to Sweden's network of lowland trails and is therefore marked in orange. We have divided it into five different stages (totalling some 60 km) and added 2 extra stretches, together about 20 km. For the most part, the trail is easy to walk, and if you want to spend the night along the way, there are windbreaks at reasonable intervals, as well as hostels and hotels.

Walking the entire trail is a great experience, familiarising you with Småland's richness of nature, culture and history. The Lönneberga Trail offers you a number of fine lookouts and on the way, you will also come across many historical environments and ancient monuments.

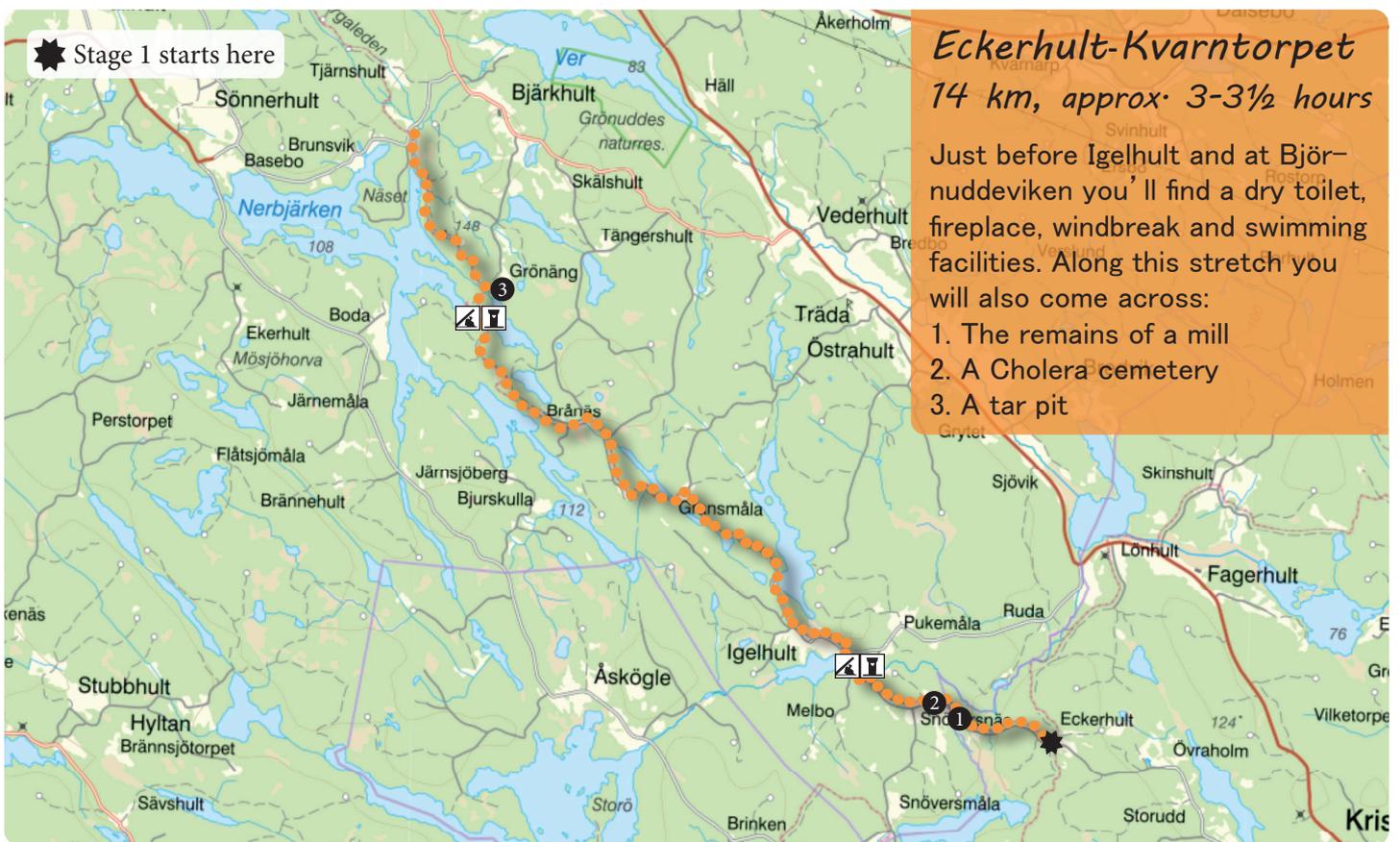
Share your experiences using #hikinghultsfred, so that more can discover Hultsfred's beautiful countryside!



Here you will find more hiking trails



- Stage 1 Eckerhult - Kvarntorpet
- Stage 2 Kvarntorpet - Visböle
- Stage 3 Visböle - Gissesalle
- Stage 4 Gissesalle - Lönneberga
- Stage 5 Lönneberga - Järnemåla
- Stage 6 Hästhagsgölen - Hultsfred
- Stage 7 Hultsfred - Lönneberga



**Eckerhult-Kvarntorpet**  
14 km, approx. 3-3½ hours

Just before Igelhult and at Björnuddeviken you'll find a dry toilet, fireplace, windbreak and swimming facilities. Along this stretch you will also come across:

1. The remains of a mill
2. A Cholera cemetery
3. A tar pit

**Kvarntorpet-Visböle**  
11 km, approx. 2½ hours

1. Siselkällan: this spring has been used as an emergency water source during several periods of drought and has never dried up.
2. Vena Heritage Property: You can take a break here, as well as find shelter in case of rain.
3. Stage 2 ends in the village of Visböle (unchanged since the 1700s) and here you can choose to turn off towards Hultsfred.
4. Visböle (unchanged since the 1700s). Just outside Visböle, you'll find two windbreaks.



★ Stage 2 starts here

*Thanks to the right of public access, everyone can move freely in the Swedish countryside. Read more at [www.naturvardsverket.se/allemanratten](http://www.naturvardsverket.se/allemanratten)*

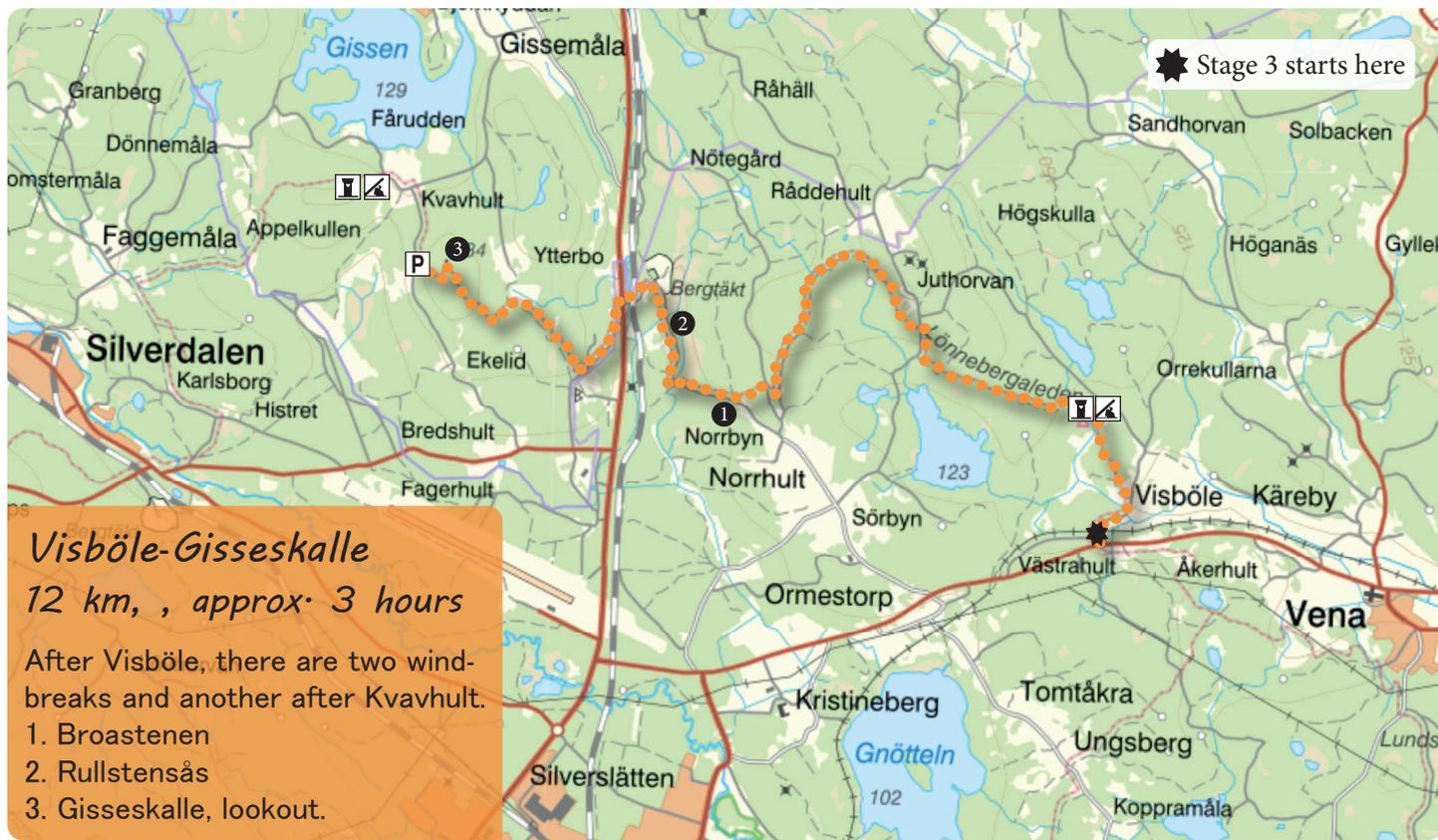
- Good things to bring with you on a day trip are water, plasters, map, mobile, an extra sweater and spare socks. Take a bag with you for rubbish & food scraps
- Dogs must be kept on a leash in the wild from 1st March to 20th August.
- The moose hunt takes place in midOctober.
- Make sure you know about any fire bans in force during the summer. Under normal circumstances, you may light a fire, but not on rocks or stones and make sure to put

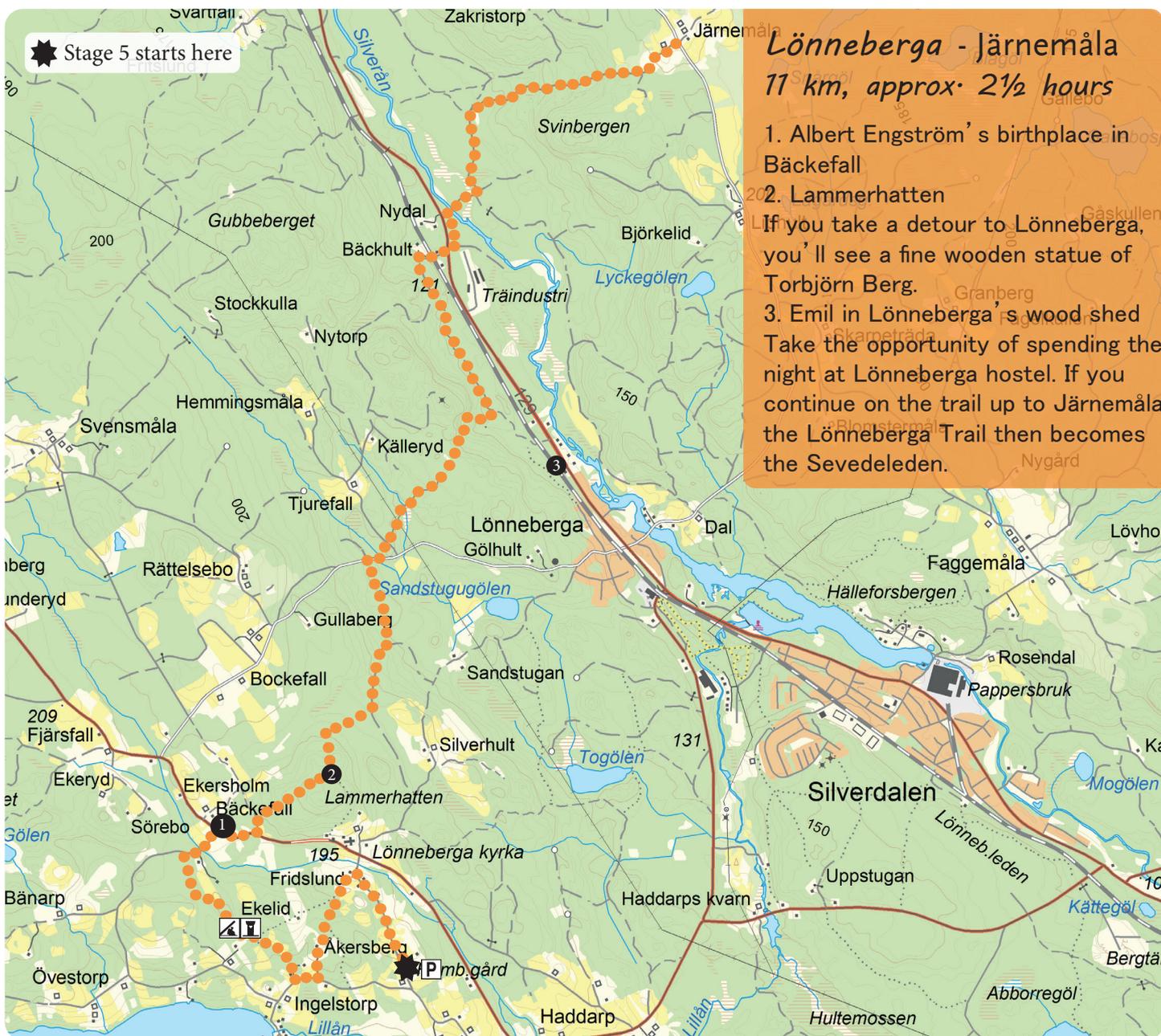
Legend

- dry toilet
- standpipe
- wind shelter
- parking



# The Lönneberga Trail Stages 3 to 5





## Lönneberga - Järnemåla 11 km, approx. 2½ hours

1. Albert Engström's birthplace in Bäckefull
  2. Lammerhatten
- If you take a detour to Lönneberga, you'll see a fine wooden statue of Torbjörn Berg.
3. Emil in Lönneberga's wood shed
- Take the opportunity of spending the night at Lönneberga hostel. If you continue on the trail up to Järnemåla, the Lönneberga Trail then becomes the Sevedeleden.



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| Legend |              |
|--------|--------------|
|        | dry toilet   |
|        | standpipe    |
|        | wind shelter |
|        | parking      |



# The Lönneberga Trail Stages 6 to 7

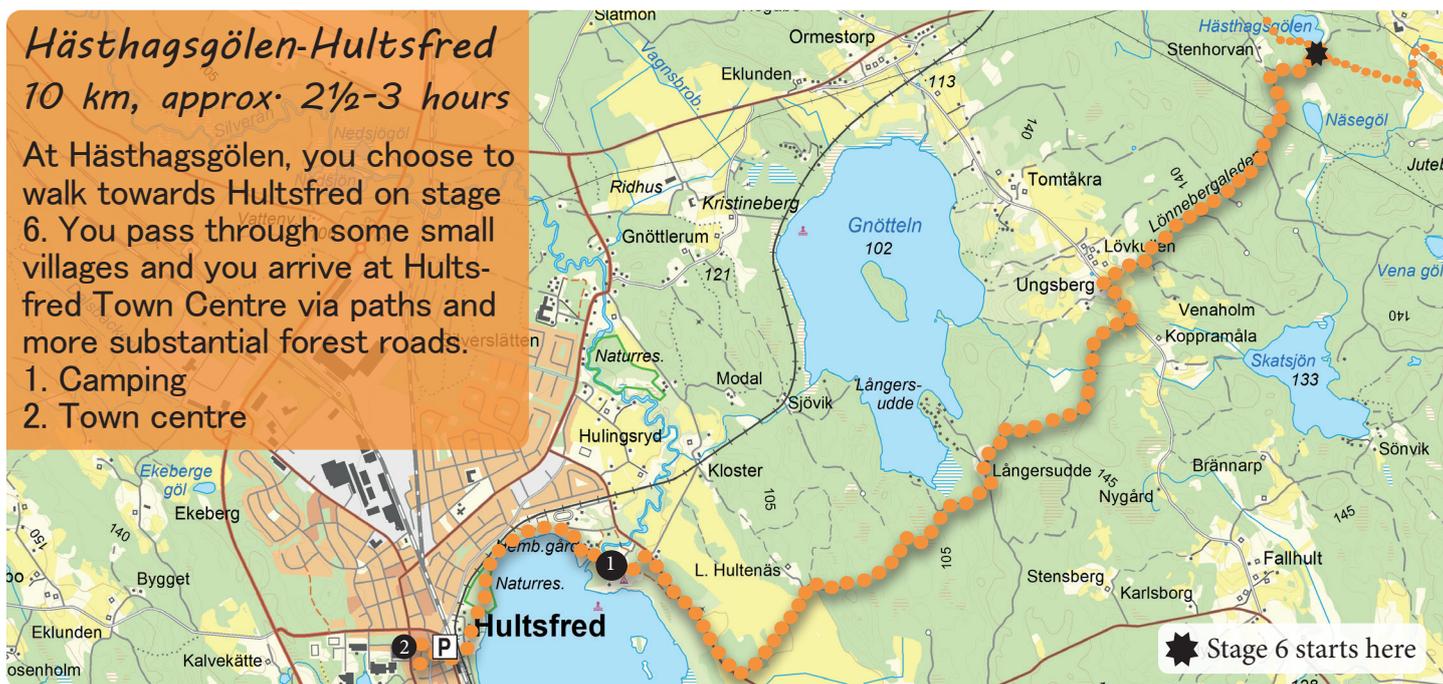
You'll be following the "southern variant" of the Lönneberga Trail if you use stages 3-4, Lönneberga to Hästhagsgölen and stages 6-7, a total of about 50 km. Opportunities for overnighting are available in hotels, hostels and windbreaks.



## Hästhagsgölen-Hultsfred 10 km, approx. 2½-3 hours

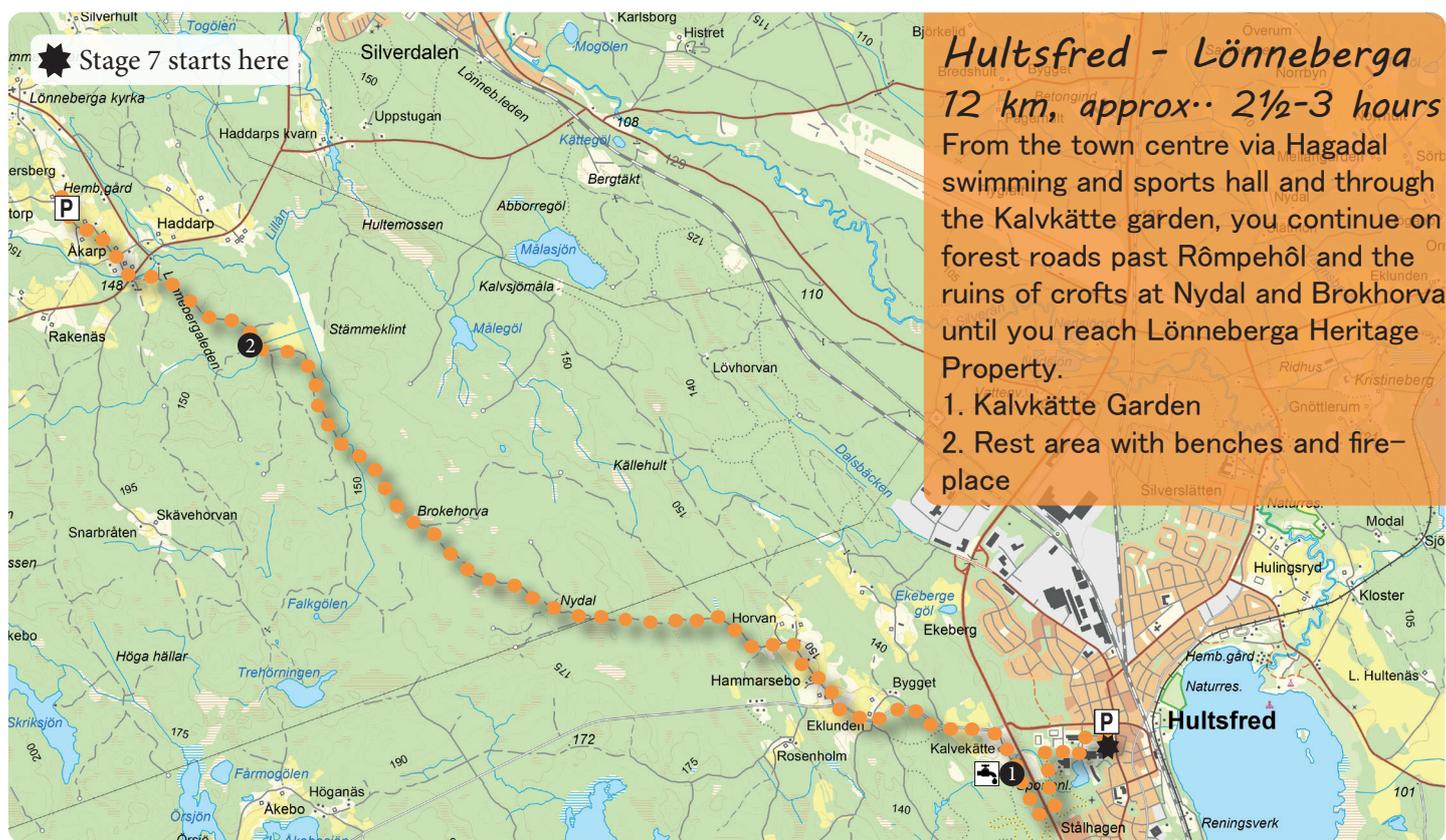
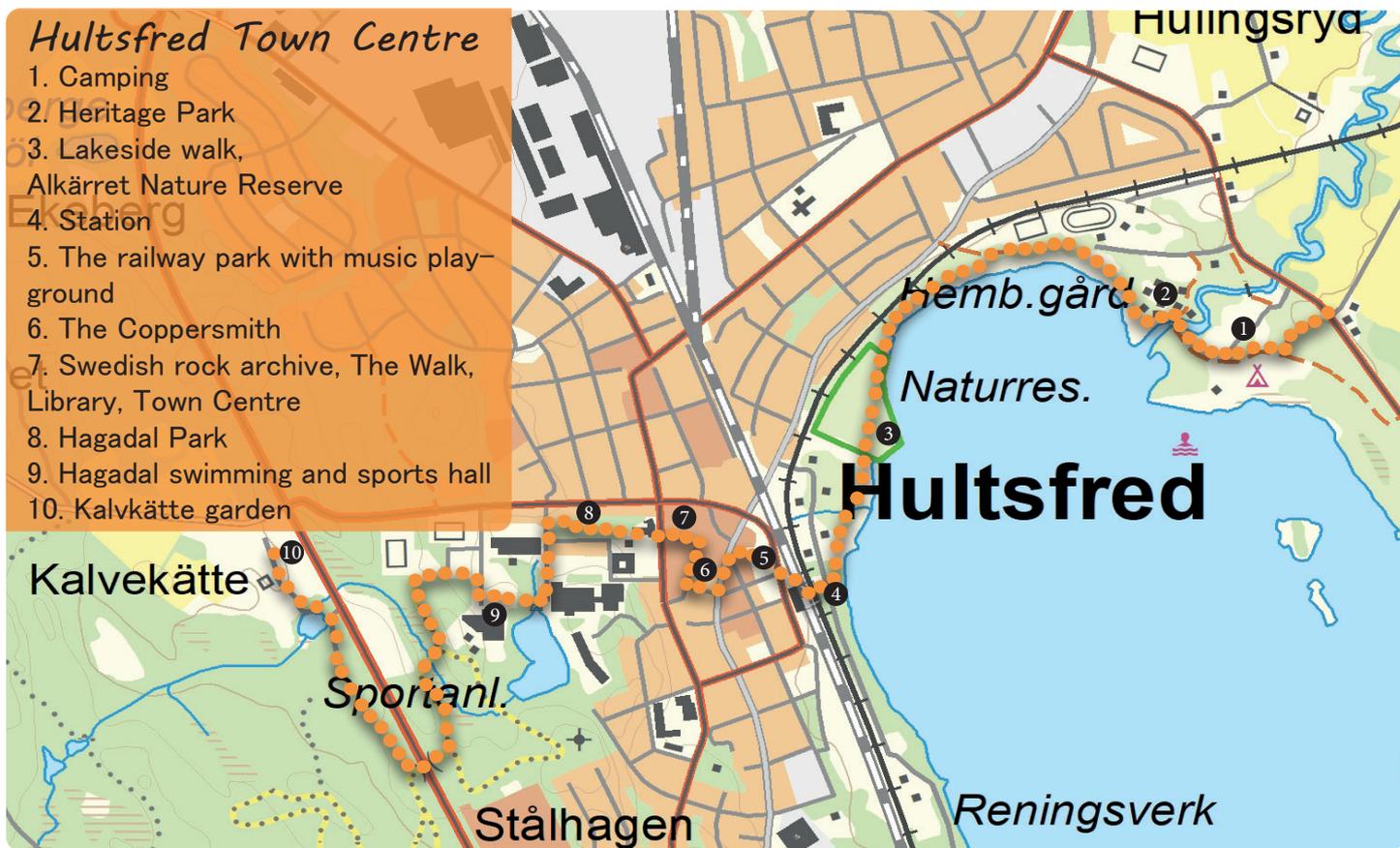
At Hästhagsgölen, you choose to walk towards Hultsfred on stage 6. You pass through some small villages and you arrive at Hultsfred Town Centre via paths and more substantial forest roads.

1. Camping
2. Town centre



## Hultsfred Town Centre

1. Camping
2. Heritage Park
3. Lakeside walk, Alkärret Nature Reserve
4. Station
5. The railway park with music play-ground
6. The Coppersmith
7. Swedish rock archive, The Walk, Library, Town Centre
8. Hagadal Park
9. Hagadal swimming and sports hall
10. Kalvkätte garden



**Hultsfred - Lönneberga**  
 12 km, approx. 2½-3 hours  
 From the town centre via Hagadal swimming and sports hall and through the Kalvkätte garden, you continue on forest roads past Rômpehöl and the ruins of crofts at Nydal and Brokhorva until you reach Lönneberga Heritage Property.

1. Kalvkätte Garden
2. Rest area with benches and fire-place

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| Legend |              |
|--------|--------------|
|        | dry toilet   |
|        | standpipe    |
|        | wind shelter |
|        | parking      |